



Dr. Vikas Raj Dental Corp.

Let Us Make You Smile Again!

Trust Our Professional Team

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Instructions for Botox

Before:

- Stop all products that contain aspirin, ibuprofen, Vitamin E and similar products 10 days before the procedure. This will decrease the chance of bruising.
- Do not schedule important social activities, meetings, etc, immediately after the procedure. The majority of patients do not have any adverse effects from Botox injections. However, bruising and eyelid droop can occur rarely and you could be that patient.
- Plan in advance. Do not wait until the last minute to get Botox in preparation for an important event, such as a wedding. We recommend getting Botox 2-4 weeks in advance of any important event.
- Do your daily workout before your appointment for Botox.

After:

- Do not exercise until the next morning.
- Do not rub or irritate the injection sites. This can cause the Botox to seep into your eyelid and cause a droop. Wash your face gently. By the next morning, you can resume normal activity.
- For one hour directly after, contract the muscles that were treated by frowning, raising your eyebrows, smiling, and/or puckering.
- If you have swelling or bruising on your face, apply cool compresses.

Contact Dr. Burlacu's office for:

- Moderate to severe bruising
- Infection
- Redness
- Fevers
- Cold sores
- Scarring